



April Quan of True North Parenting presents

Gordon Neufeld Ph.D.

Live in Toronto with his latest work

HANDLING EMOTIONS THROUGH PLAY: Nature's answer to a messy problem



WALDORF ACADEMY

**250 MADISON AVENUE (AT DAVENPORT)
TORONTO**

**SUNDAY NOVEMBER 27, 2016
2 - 4 PM**

**Tickets available through Eventbrite \$30
Search for Gordon Neufeld
For more info: april@truenorthparenting.ca**

Neuroscience has shown that emotions are fundamental to healthy development and to making sense of human nature. Emotions can also be intense, noisy, messy, and chaotic, and are at the root of most problem behaviours of both adults and children. How can we reconcile these conflicting aspects while supporting the children in our care to reach their full potential as emotionally healthy human beings? Nature has a surprising answer, freely available to anyone. Play, the instinctive activity of all young mammals, holds the key to keeping emotions within a safe boundary while supporting growth.

Dr. Gordon Neufeld, known for his ground-breaking work on aggression and bullying, explains the crucial role of emotion in human maturation, and how a partnership between emotion and play fosters emotional health at every age.

Dr. Neufeld has transformed the lives of countless children, parents, and professionals through his revolutionary yet scientific approach to attachment, development, and commonly faced childhood problems.

Dr. Neufeld is a Vancouver-based developmental psychologist with over 40 years of experience with children and youth and those responsible for them. A foremost authority on child development, Dr. Neufeld is an international speaker, a bestselling author (*Hold On To Your Kids*) and a leading interpreter of the developmental paradigm. Dr. Neufeld has a widespread reputation for making sense of complex problems and opening doors to change. While formerly involved in university teaching and private practice, he now devotes his time to teaching and training others, including educators and helping professionals. He is a father of five and a grandfather of six.

