

Dear Allenby Families:

**The APA After 4 Committee is pleased to introduce an exciting line-up of courses for the Winter 2015 session. All classes run from 3:40 to 4:45 pm.**

The goal of the After 4 program is to offer enriching and affordable activities to all Allenby Students after school. It is not an alternative to childcare, and only Allenby students are eligible to participate.

*See pages 2 – 5 for Course Descriptions.*

*See page 6 for Conditions of Registration and Participation.*

*See page 7 for Schedule and Cost Summary and Registration Form.*

The Winter 2015 After 4 session will run for 8 weeks beginning the week of **January 12<sup>th</sup>** and ending the week of **March 2<sup>nd</sup>**. Monday classes are 7 weeks (no classes on February 16<sup>th</sup> for Family Day). Babysitting is a 6 week class.

**Registration forms will be accepted until December 18<sup>th</sup>, 2014. Registration is done on a first come first served basis, due to limited availability in some courses. If your child does not get into their first course choice, a member of the After 4 Committee will contact you for a second or third choice.**

If you have any questions, please contact:

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Thank you from **The APA Allenby After 4 Committee:**

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## MONDAY PROGRAMS (7 weeks)

### **Art – Fun with Clay (Artistic Way)**

Grades: 1-6

Cost: \$ 180

Min/Max: 6/18

Dig into and explore the expressive nature of clay! Create your own sculpture and useful objects using slab and coil construction. This course is suitable both for the beginner and more advanced students. Instruction, all materials and firing in Kiln included.

### **Basketball (Toronto Athletic Camps)**

Grades: 1-6

Cost: \$149

Min/Max: 10/24

The weekly lessons are designed to maximize enjoyment for the participants and foster the value of physical ability, build self-confidence, cultivate a foundation of good sportsmanship and the value of effort. Athletes will be taught by experienced TAC Sports instructors in a 6:1 athlete to instructor ratio. Match-play is integrated as part of the lessons. Our goal is to produce confident, skilled players who will reach their full potential. These lessons present a unique way for participants to build skill level by progressing the athletes through fundamental basketball skills in great detail each week. All athletes will receive progress report cards. We are excited to have introduced our 5 Star development levels. Motivation, focus and understanding are all part of 5 criteria!

### **Kids Can Cook (Kids Craft Company)**

Grades: 1-4

Cost: \$130

Min/Max: 12/24

The Kids Craft Company is excited to be returning to Allenby PS. We are introducing our new Kids Can Cook program! Each week your child will participate in fun and interesting **NUT FREE** cooking projects. All children benefit from spending time in the kitchen. With our easy to follow recipes and other fun projects, kids are introduced to basic math skills, reading and comprehension. Your child will learn how to make healthy after school snacks and meals to bring home and cook with your family!

### **Ukulele (Snider School of Music)**

Grades: 3-6

Cost: \$160

Min/Max: 4/12

Get your strum on! Learn to play the Ukulele! An experienced teacher from the Dave Snider School of Music will introduce students to the ukulele, teach chords, help develop a song structure and teach popular songs all while addressing each student's progress on an individual basis. Lesson plans for varying ages and abilities. Student age, interest, song choices, and skill level will dictate weekly progress. Ukulele included in cost. (Cost is \$130 for returning students.)

## **TUESDAY PROGRAMS**

### **Amazing Race (Explore It) NEW!**

Grades: 1-4

Cost: \$139

Min/Max: 8/20

Join us – in this weekly adventure with challenges modeled after the popular show “The Amazing Race”! Participants will be divided into teams and race against each other performing physical feats and mental challenges. Each week there will be a series of clues that will have teams working together to get from one destination to another – where they will be faced with a challenge which they will be required to complete in order to obtain the next clue. Contestants strive to arrive first at "Pit Stops" at the end of each leg of the race to win prizes and to avoid coming in last, which carries the possibility of a disadvantage in the following leg. Along the way teams will encounter Route Markers, Road Blocks, Detours, and FUN!

### **Ultimate Frisbee (Lytton Park Tennis)**

Grades: 3-6

Cost: \$150

Min/Max: 10/20

Ultimate Frisbee is a game typically played on a rectangular field/surface (indoor/outdoor) between two seven-player teams in which a Frisbee is advanced by being thrown from player to player and in which a team scores by catching a throw in the opponent's end zone (similar to American Football). Participants will learn all of the rules, throwing techniques and strategy of the game in a fun filled, safe and educational environment by one of Lytton Sports Camps Pros.

### **Woodworking/Model Building (The Kids Fun Factory) NEW!**

Grades: 1-3

Cost: \$121

Min/Max: 8/14

Classes are designed to help students develop fine motor skills as well as problem-solving and analytic skills as they use tools to build their very own structures such as a birdhouse, or train, ship, tepee, etc. Projects focus on assembling wood model kits.

### **Yoga for Youth (Jai Jot Lafayette)**

Grades: 1-6

Cost: \$124

Min/Max: 5/14

Yoga benefits the whole person through conscious breathing, movement, relaxation and focused attention. By raising awareness, self confidence and enhancing wellness, yoga can support all youth activities and relationships. Yoga at school enhances learning outcomes by providing time for body-mind activities and relaxation. Other benefits include development of flexibility, strength, stamina, agility, balance, coordination, cardiovascular fitness, communication and listening skills, creative imagination, and self-expression. Yoga is suitable for students of all physical abilities.

## **WEDNESDAY PROGRAMS**

### **Babysitting (St. John Ambulance) - 6 weeks (Pat Cook)**

Grades: 6 (age 11+)

Cost: \$100

Min/Max: 10/20

A course designed to teach babysitting, leadership and First-Aid skills in a fun, informative way. Students learn how to care for infants, toddlers and older children, what questions to ask parents, how to give First Aid, and what to do in emergencies. Activity book activities, role-playing and hands-on practice teach skills and build confidence. Each student will receive a copy of an award winning publication, 'What Every Babysitter Should Know' workbook, and upon successful completion, a St John Ambulance Babysitter's attendance certificate.

### **Mad Science – Imagination Investigation (Mad Science of Toronto) **NEW!****

Grades: 1-6

Cost: \$134

Min/Max: 12/20

Students test their forensic skills as they become super sleuths in our Detective Science class. We explore the amazing world of insects, learning how these fascinating creatures live. Each child will construct a propeller driven race car as they learn about the power of mighty machines. We raise the curtain on the mysteries of movie making and special effects. Students explore the wild world of weather, investigating the power of wind, thunder, lightning and make an Ultra Violet light sensitive keychain. Topics: Bugs, Detective Science, Earthworks, Kitchen Chemistry, Science of Toys, Movie Effects, Machines, Walloping Weather

### **Photography Club for Kids (Diana Nazareth)**

Grades: 4-6

Cost: \$120

Min/Max: 6/12

An 8-week (8-hour) photography workshop for kids based on Literacy Through Photography ideals that encourage participants to photograph and write about a favourite part of their body. Participants will explore what is most unique about themselves through a series of creative exercises like body mapping, journaling, the "reading" of photos, and through basic tenets of photography that introduce the concepts of perspective, framing, composition, and artistic expression. This workshop will provide participants with plenty of hands-on experience with digital cameras (please bring your own if possible) and portable printers provided by the instructor. The workshop will culminate in an exhibit of the participants' photographs and writings.

### **Soccer (Toronto Athletic Camps)**

Grades: 1-6

Cost: \$168

Min/Max: 10/24

The weekly lessons are designed to maximize enjoyment for the participants and to improve physical abilities, build self-confidence, cultivate a foundation of good sportsmanship and the value of effort. Our goal is to produce confident, skilled players who love the game of soccer and will reach their full potential. These lessons present a unique way for participants to build skill level by progressing the athletes through fundamental soccer skills in great detail each week. All athletes will receive progress report cards. We are excited to have introduced our 5 Star development levels. Motivation, focus and understanding are all part of 5 criteria!

## **THURSDAY PROGRAMS**

### **Acting and Improv (Lori Pearlstein's Playworks)**

Grades: 1-5

Cost: \$109

Min/Max: 5/14

This class offers born performers and children who need to break out of their shell a chance to express themselves. In the world of Improv, there are no "lead" roles. Everyone is on the same playing field. Whether they're playing Second City/Who's Line is it Anyway style games, or creating bullying prevention through play, they learn how to think quickly on their feet, and build self esteem. Boys and girls are empowered by what they discover about themselves, they have a blast, and acquire valuable life skills at the same time!

### **Ballet (Chelsea Clarke) NEW!**

Grades: 1-6

Cost: \$123

Min/Max: 4/12

Confidence, posture and discipline--join us for an 8 week session of Ballet class and learn the basics of dance! Whether you're a beginner or have taken dance classes before, everyone can benefit from this program. Each session ends with a mini-performance given by the students.

### **Chess (Chess 'n Math Association)**

Grades: 1-6

Cost: \$90

Min/Max: 12/20

Lessons are tailored for beginner to advanced students and each lesson is followed by a practice session. Certificates indicating the level achieved are awarded at the end of each course. Math and strategy - the best part is children learn through play! Kids who participated last session will build from where they left off.

### **KangaKids Fitness (Kanga Kids Toronto)**

Grades: 2-6

Cost: \$145

Min/Max: 10/20

Jumping for joy is now an exercise! Who doesn't love to bounce? Imagine trampolines on your shoes and you've got Kangoo Jumps. They are safe, low impact rebound exercise shoes providing many health and fitness benefits. Most of all, they're fun! Join the KangaKids After School Program to bounce through games, sports, routines, bootcamp, and so much more on Kangoo Jumps! For more information, please visit the website [www.kangakidstoronto.com](http://www.kangakidstoronto.com).

# APA AFTER 4 PROGRAM REGISTRATION INFORMATION

## Conditions of Registration and Participation

- It is understood that the Toronto District School Board, Allenby Parents' Association or any member of its administrative staff, cannot be held responsible in case of an accident during these activities. All reasonable precautions to ensure the safety of participants will be taken.
- Enrollment is based on a first-come, first served basis. Your child's enrollment will be confirmed by email (or by phone if no email).
- All registration fees are non-refundable.
- The minimum and maximum numbers are listed for each program. Waiting lists will be made for full classes.
- Due to congestion in the hallways students are asked to make their way directly to the workshop classroom in which their class is held at 3:35 pm where attendance will be taken.
- Grade 1 students will meet Jamie in the school office and she will escort them to the workshop classroom for the first 2 sessions. By the 3<sup>rd</sup> week, the grade 1's will make their way to the workshop classrooms independently.
- **It is the responsibility of the parent to inform the school if a child will NOT be attending an After 4 class. Please notify Jamie in the school AVP office at 416 393-9114 ext. 1 of any absences or changes in arrangements.**
- Every attempt will be made to contact the parent in the event that the child does not show up for class. Please leave alternate contact numbers.
- The After 4 Behaviour Code will be strictly enforced. If a child is asked to sit out in the office more than twice, he/she will **NOT** be allowed to continue in the session. ***Misbehaviour before, during, or after class could result in exclusion from further classes with no refunds given.***
- **Parents/caregivers are asked to pick up their child outside the library promptly at 4:45 pm. If parents/caregivers are late (after 5:00 pm) more than once, the child will no longer be allowed to attend the course. This policy will be strictly enforced. Please note the dismissal procedure: For safety purposes students must enter the Library and Jamie must check them off the attendance list before they can be released to parents/caregivers. Please be patient! Students who have permission to walk home on their own must check out with Jamie first. Jamie will escort the Daycare students to the Daycare.**

## APA AFTER 4 REGISTRATION FORM – WINTER 2015

Student's Full Name: \_\_\_\_\_

Grade 1 2 3 4 5 6 Class Room No: \_\_\_\_\_

Parent(s)/Guardian Full Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Tel. No.: \_\_\_\_\_ Work No.: \_\_\_\_\_

Cell Phone No.: \_\_\_\_\_

**Email Address: (please print clearly):** \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Tel. No.: \_\_\_\_\_

Relation to Student: \_\_\_\_\_

Allergies/Medical Conditions/Health Concerns: \_\_\_\_\_

- My child will be picked up at school by: \_\_\_\_\_
- Site Administrator will return my child to Daycare: \_\_\_\_\_
- My child can walk home unaccompanied: \_\_\_\_\_

**I would like to register my child for the following:**

<b>Monday (Jan 12-Mar 2)</b>	<b>Tuesday (Jan 13-Mar 3)</b>	<b>Wednesday (Jan 14-Mar 4)</b>	<b>Thursday (Jan 15-Mar 5)</b>
<input type="checkbox"/> Art – Fun with Clay (gr. 1-6) <b>\$180</b>	<input type="checkbox"/> Amazing Race (gr. 1-4) <b>\$139</b>	<input type="checkbox"/> Babysitting (gr. 6 or age 11+) <b>\$100</b>	<input type="checkbox"/> Acting and Improv (gr. 1-5) <b>\$109</b>
<input type="checkbox"/> Basketball (gr. 1-6) <b>\$149</b>	<input type="checkbox"/> Ultimate Frisbee (gr. 3-6) <b>\$150</b>	<input type="checkbox"/> Mad Science (gr. 1-6) <b>\$134</b> (Jan 21-Mar 11)	<input type="checkbox"/> Ballet (gr. 1-6) <b>\$123</b>
<input type="checkbox"/> Kids Can Cook (gr. 1-4) <b>\$130</b>	<input type="checkbox"/> Woodworking/Model Building (gr. 1-3) <b>\$121</b>	<input type="checkbox"/> Photography (gr. 4-6) <b>\$120</b>	<input type="checkbox"/> Chess (gr. 1-6) <b>\$90</b>
<input type="checkbox"/> Ukulele (gr.3-6) <b>\$160</b> (Ukulele included in cost) <b>\$130</b> for returning students	<input type="checkbox"/> Yoga (gr. 1-6) <b>\$124</b>	<input type="checkbox"/> Soccer (gr. 1-6) <b>\$168</b>	<input type="checkbox"/> KangaKids Fitness (gr. 2-6) <b>\$145</b>

**Number of Programs:** \_\_\_\_\_ **Total Amount Due:** \_\_\_\_\_

Please return your **cheque** (payable to **Allenby Parents' Association**) and registration form to the **After 4 bin** in the school office **by December 18<sup>th</sup>** (in an envelope clearly marked "After 4").

**We have read and agree to the conditions of registration and participation on page 6.**

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**DAYCARE ONLY: I hereby agree to have my child, named above, released from Daycare to participate in After 4 on the following days:** Please check day(s):  Mon  Tues  Wed  Thur

Parent's Signature \_\_\_\_\_ Date: \_\_\_\_\_