

Dear Allenby Families:

The APA After 4 Committee is pleased to introduce an exciting line-up of courses for the Spring 2015 session. All classes run from 3:40 to 4:45 pm.

The goal of the After 4 program is to offer enriching and affordable activities to all Allenby Students after school. It is not an alternative to childcare, and only Allenby students are eligible to participate.

See pages 2 – 5 for Course Descriptions.

See page 6 for Conditions of Registration and Participation.

See page 7 for Schedule and Cost Summary and Registration Form.

The Spring 2015 After 4 session will run for 8 weeks beginning the week of **March 23rd** and ending the week of **May 11th**. Monday classes are 7 weeks (no classes on April 6th for Easter Monday). Babysitting and Acting are 6 week classes, and Pop Stars is 7 weeks as well.

Registration forms will be accepted until March 12th, 2015. Registration is done on a first come first served basis, due to limited availability in some courses. If your child does not get into their first course choice, a member of the After 4 Committee will contact you for a second or third choice.

If you have any questions, please contact:

Jennifer Pomerantz jenpomerantz@sympatico.ca

Thank you from **The APA Allenby After 4 Committee:**

Jennifer Bain jazzbain@gmail.com

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MONDAY PROGRAMS (7 weeks)

Art – Mixed Media (Artistic Way)

Grades: 1-6

Cost: \$ 129

Min/Max: 6/18

Learn to use an exciting variety of artists' tools, media and techniques. Develop your artistic skills and expand your imagination while a professional artist guides your explorations. All materials are included.

Soccer (Toronto Athletic Camps)

Grades: 1-6

Cost: \$150

Min/Max: 10/24

The weekly lessons are designed to maximize enjoyment for the participants and to improve physical abilities, build self-confidence, cultivate a foundation of good sportsmanship and the value of effort. Our goal is to produce confident, skilled players who love the game of soccer and will reach their full potential. These lessons present a unique way for participants to build skill level by progressing the athletes through fundamental soccer skills in great detail each week. All athletes will receive progress report cards. We are excited to have introduced our 5 Star development levels. Motivation, focus and understanding are all part of 5 criteria!

Ukulele (Snider School of Music)

Grades: 3-6

Cost: \$160

Min/Max: 4/12

Get your strum on! Learn to play the Ukulele! An experienced teacher from the Dave Snider School of Music will introduce students to the ukulele, teach chords, help develop a song structure and teach popular songs all while addressing each student's progress on an individual basis. Lesson plans for varying ages and abilities. Student age, interest, song choices, and skill level will dictate weekly progress. Ukulele included in cost. (Cost is \$130 for returning students.)

Woodworking - Intermediate (The Kids Fun Factory)

Grades: 2-5

Cost: \$107

Min/Max: 8/14

Classes are designed to help students develop fine motor skills as well as problem-solving and analytic skills as they use tools to build their very own structures such as a birdhouse, or train, ship, tepee, etc. Projects focus on assembling wood model kits. This term projects will be at the intermediate level.

TUESDAY PROGRAMS

Babysitting (St. John Ambulance) - 6 weeks (Pat Cook)

Grades: 6 (age 11+)

Cost: \$100

Min/Max: 10/20

A course designed to teach babysitting, leadership and First-Aid skills in a fun, informative way. Students learn how to care for infants, toddlers and older children, what questions to ask parents, how to give First Aid, and what to do in emergencies. Activity book activities, role-playing and hands-on practice teach skills and build confidence. Each student will receive a copy of an award winning publication, 'What Every Babysitter Should Know' workbook, and upon successful completion, a St John Ambulance Babysitter's attendance certificate.

Karate (Toronto Athletic Camps) NEW!

Grades: 1-6

Cost: \$175

Min/Max: 8/16

This popular program helps to build character that a child needs to interact with others, be challenged, be given the chance to learn and grow, have ample opportunity for self-expression. The training in this program also brings children physical, emotional and spiritual value. Karate for Kids program also focuses on developing a healthy, strong and resilient body, placing much emphasis on cardiovascular endurance, muscle strength and conditioning. The reality of training in a Karate program is that it educates children about discipline, respect and self-control. Girls and Boys welcome. Certified and experienced coaches.

Multi-Sport (Lytton Park Tennis) NEW!

Grades: 1-6

Cost: \$150

Min/Max: 10/20

Students will participate in a variety of different sports, including basketball, dodgeball, soccer, tennis, and ultimate frisbee. Participants will learn some of the rules, skills, and strategies of the sports in a fun filled, safe and educational environment with Lytton Sports Camps Pros.

Pop Stars (Sonshine and Broccoli) - 7 weeks NEW!

Grades: 3-6

Cost: \$145

Min/Max: 6/12

Pop Stars will introduce the basics of song writing (melody, rhythm, chorus & verse). Participants will work together to develop lyrical themes and ideas and collaborate with each other to create their very own top-hit song. Each Pop Star will go home with a CD of their created songs!

WEDNESDAY PROGRAMS

Ballet (Chelsea Clarke)

Grades: 1-6

Cost: \$123

Min/Max: 4/12

Confidence, posture and discipline--join us for an 8 week session of Ballet class and learn the basics of dance! Whether you're a beginner or have taken dance classes before, everyone can benefit from this program. Each session ends with a mini-performance given by the students.

Chess (Chess 'n Math Association)

Grades: 1-6

Cost: \$90

Min/Max: 12/20

Lessons are tailored for beginner to advanced students and each lesson is followed by a practice session. Certificates indicating the level achieved are awarded at the end of each course. Math and strategy - the best part is children learn through play! Kids who participated last session will build from where they left off.

Floor Hockey (Ten Ten Sports Academy)

Grades: 1-4

Cost: \$135

Min/Max: 10/24

TenTen Sports Academy's Floor Hockey Program offers children an active and energetic program instructed in a fun, and safe environment. The program allows for well-rounded hockey exposure and physical development. The Floor Hockey Program is instructed using methods of drills and exercises. Games are also included each week in the program. All Equipment is provided, and equipment is specialized for safety.

Yoga for Youth (Jai Jot Lafayette)

Grades: 1-6

Cost: \$124

Min/Max: 5/14

Yoga benefits the whole person through conscious breathing, movement, relaxation and focused attention. By raising awareness, self confidence and enhancing wellness, yoga can support all youth activities and relationships. Yoga at school enhances learning outcomes by providing time for body-mind activities and relaxation. Other benefits include development of flexibility, strength, stamina, agility, balance, coordination, cardiovascular fitness, communication and listening skills, creative imagination, and self-expression. Yoga is suitable for students of all physical abilities.

THURSDAY PROGRAMS

Acting and Improv (Lori Pearlstein's Playworks) – 6 weeks

Grades: 1-5

Cost: \$82

Min/Max: 5/14

This class offers born performers and children who need to break out of their shell a chance to express themselves. In the world of Improv, there are no "lead" roles. Everyone is on the same playing field. Whether they're playing Second City/Who's Line is it Anyway style games, or creating bullying prevention through play, they learn how to think quickly on their feet, and build self esteem. Boys and girls are empowered by what they discover about themselves, they have a blast, and acquire valuable life skills at the same time!

KangaKids Fitness (Kangoo Club Canada)

Grades: 2-6

Cost: \$155

Min/Max: 10/20

Jumping for joy is now an exercise! Who doesn't love to bounce? Imagine trampolines on your shoes and you've got Kangoo Jumps. They are safe, low impact rebound exercise shoes providing many health and fitness benefits. Most of all, they're fun! Join the KangaKids After School Program to bounce through games, sports, routines, bootcamp, and so much more on Kangoo Jumps! For more information, please visit the website www.kangakidstoronto.com.

Cooking 101 (Explore It!)

Grades: 1-4

Cost: \$150

Min/Max: 6/12

Explore food in this yummy program! Students will learn their way around the kitchen, preparing their favorite foods, snacks, and yummy desserts. In this hands-on course, students will gain an understanding of kitchen safety, as well as how to use many kitchen tools. At the end of each class, students will be able to taste or take home what they've made; and at the end of the program each student will go home with their own cookbook!

Mad Science – Extraordinary Laboratory (Mad Science of Toronto)

Grades: 1-6

Cost: \$134

Min/Max: 12/20

Students will not believe their eyes as they examine different optical illusions and watch as light and colour interact, tricking their sense of sight. Children will participate in classes where their taste buds will be put to the test - they will learn how their sense of taste works. Studying the scientific principles of heat, students build their own thermometer. Students will learn all about magnets and how they are used in our everyday lives. The basics of sound will be revealed with a cool Mad Science twist - children's voices will be wildly distorted through a Mad Science sound machine. We will wow them with polymers in one of the most popular Mad Science Programs - Mad Science Putty!!! Educational, entertaining and sticky...what more could a kid wish for? Topics: Watts-Up, Magnetic Magic, Optical Illusions, Lights...Colour...Action, Che-Mystery, Sonic Sound, Tantalizing Taste, Harnessing Heat.

APA AFTER 4 PROGRAM REGISTRATION INFORMATION

Conditions of Registration and Participation

- It is understood that the Toronto District School Board, Allenby Parents' Association or any member of its administrative staff, cannot be held responsible in case of an accident during these activities. All reasonable precautions to ensure the safety of participants will be taken.
- Enrollment is based on a first-come, first served basis. Your child's enrollment will be confirmed by email (or by phone if no email).
- All registration fees are non-refundable.
- The minimum and maximum numbers are listed for each program. Waiting lists will be made for full classes.
- Due to congestion in the hallways students are asked to make their way directly to the workshop classroom in which their class is held at 3:35 pm where attendance will be taken.
- Grade 1 students will meet Jamie in the school office and she will escort them to the workshop classroom for the first 2 sessions. By the 3rd week, the grade 1's will make their way to the workshop classrooms independently.
- **It is the responsibility of the parent to inform the school if a child will NOT be attending an After 4 class. Please notify Jamie in the school AVP office at 416 393-9114 ext. 1 of any absences or changes in arrangements.**
- Every attempt will be made to contact the parent in the event that the child does not show up for class. Please leave alternate contact numbers.
- The After 4 Behaviour Code will be strictly enforced. If a child is asked to sit out in the office more than twice, he/she will **NOT** be allowed to continue in the session. ***Misbehaviour before, during, or after class could result in exclusion from further classes with no refunds given.***
- **Parents/caregivers are asked to pick up their child outside the Lunchroom promptly at 4:45 pm. If parents/caregivers are late (after 5:00 pm) more than once, the child will no longer be allowed to attend the course. This policy will be strictly enforced. Please note the dismissal procedure: For safety purposes students must enter the Lunchroom and Jamie must check them off the attendance list before they can be released to parents/caregivers. Please be patient! Students who have permission to walk home on their own must check out with Jamie first. Jamie will escort the Daycare students to the Daycare.**

APA AFTER 4 REGISTRATION FORM – SPRING 2015

Student's Full Name: _____

Grade 1 2 3 4 5 6 Class Room No: _____

Parent(s)/Guardian Full Name: _____

Address: _____ Postal Code: _____

Home Tel. No.: _____ Work No.: _____

Cell Phone No.: _____

Email Address: (please print clearly): _____

Emergency Contact: _____ Tel. No.: _____

Relation to Student: _____

Allergies/Medical Conditions/Health Concerns: _____

- My child will be picked up at school by: _____
- Site Administrator will return my child to Daycare: _____
- My child can walk home unaccompanied: _____

I would like to register my child for the following:

Monday (Mar 23-May 11)	Tuesday (Mar 24-May 12)	Wednesday (Mar 25-May 13)	Thursday (Mar 26-May 14)
<input type="checkbox"/> Art – Mixed Media (gr. 1-6) \$129	<input type="checkbox"/> Babysitting (gr. 6 or age 11+) \$100 (6 weeks)	<input type="checkbox"/> Ballet (gr. 1-6) \$123	<input type="checkbox"/> Acting and Improv (gr. 1-5) \$82 (start Apr 9)
<input type="checkbox"/> Soccer (gr. 1-6) \$150	<input type="checkbox"/> Karate (gr. 1-6) \$175	<input type="checkbox"/> Chess (gr. 1-6) \$90	<input type="checkbox"/> KangaKids Fitness (gr. 2-6) \$155
<input type="checkbox"/> Ukulele (gr.3-6) \$160 (Ukulele included in cost) \$130 for returning students	<input type="checkbox"/> Multi-Sport (gr. 1-6) \$150	<input type="checkbox"/> Floor Hockey (gr. 1-4) \$135	<input type="checkbox"/> Cooking 101 (gr. 1-4) \$150
<input type="checkbox"/> Woodworking \$107 (Intermediate) (gr. 2-5)	<input type="checkbox"/> Pop Stars (gr. 3-6) \$145 (start Mar 31)	<input type="checkbox"/> Yoga (gr. 1-6) \$124	<input type="checkbox"/> Mad Science (gr. 1-6) \$134

Number of Programs: _____ **Total Amount Due:** _____

Please return your **cheque** (payable to **Allenby Parents' Association**) and registration form to the **After 4 bin** in the school office **by March 12th** (in an envelope clearly marked "After 4").

I have read and agree to the conditions of registration and participation on page 6.

Parent's Signature: _____ Date: _____

DAYCARE ONLY: I hereby agree to have my child, named above, released from Daycare to participate in After 4 on the following days: Please check day(s): Mon Tues Wed Thur

Parent's Signature _____ Date: _____